

Intro to measuring (real time)

1. My height _____
2. Hand span (stretched wide) _____
3. Thumb tip to 1st knuckle (bent) _____
4. Wrist (bent) to elbow (bent) _____
5. Fingertips to elbow _____
6. Nose to outstretched fingertips _____
7. Arm span (stretch out both arms and measure
fingertips to fingertips) _____
8. Shoe length _____



Intro to measuring (real time)

1. My height _____
2. Hand span (stretched wide) _____
3. Thumb tip to 1st knuckle (bent) _____
4. Wrist (bent) to elbow (bent) _____
5. Fingertips to elbow _____
6. Nose to outstretched fingertips _____
7. Arm span (stretch out both arms and measure
fingertips to fingertips) _____
8. Shoe length _____

